

RESOURCES FOR COPING  
WITH  
TRAUMATIC EVENTS

Web sites:

[www.cfs-hawaii.org](http://www.cfs-hawaii.org)  
[www.heas-hawaii.org](http://www.heas-hawaii.org)  
[www.afcrossroads.com/famseperatio/index.cfm](http://www.afcrossroads.com/famseperatio/index.cfm)  
[www.armycommunityservice.org/vacs\\_deployment/home.asp](http://www.armycommunityservice.org/vacs_deployment/home.asp)  
[www.lifelins2000.org/services/depolyment/index.asp](http://www.lifelins2000.org/services/depolyment/index.asp)  
[www.sba.gov/reservists](http://www.sba.gov/reservists)  
[www.esgr.org](http://www.esgr.org)  
[www.defenselink.mil](http://www.defenselink.mil)  
[www.ncptsd.org/facts/disasters](http://www.ncptsd.org/facts/disasters)  
[www.apa.org/traumaticstress](http://www.apa.org/traumaticstress)  
[www.mentalhealth.org](http://www.mentalhealth.org)  
[www.healthy-exchange.com](http://www.healthy-exchange.com)  
[www.childtrauma.org](http://www.childtrauma.org)  
[www.naspcenter.org](http://www.naspcenter.org)  
[www.familyeducation.com](http://www.familyeducation.com)  
[www.aacap.org](http://www.aacap.org)  
[www.redcross.org](http://www.redcross.org)  
[www.parentcenter.com](http://www.parentcenter.com)

Sesame Street  
Federal Emergency Management Agency  
National Mental Health Association  
Twin Cities Public Television  
YMCA  
Learning Network  
Disney

*Books:*

<u>Children &amp; Trauma</u>	Monahon, C.
<u>No Time for Goodbyes</u>	Lord, J
<u>When Bad Things Happen To Good People</u>	Kushner, H.S.
<u>Thoughts are Things</u>	Holmes, E
<u>Learning to Say NO</u>	Wills-Brandon, C.